

WEDNESDAY 4 OCTOBER, 7.30pm

HCV Planning Meeting at the Moorhen (come earlier for a meal if you like)

SUNDAY 8 OCTOBER

Parndon Wood – making bench to go by wildflower meadow on Stort Valley Meadows
plus pond clearance Andrew

SUNDAY 22 OCTOBER

Marshgate Springs – coppicing willow on marsh Linda

SUNDAY 5 NOVEMBER

Parndon Moat Marsh – cutting sedges Colin

SUNDAY 19 NOVEMBER

TBD

SUNDAY 3 DECEMBER

TBD

Task Information

Tasks start at 10.00am. Most finish at about 3–3.30pm. Everybody is welcome and your help will be valued for whatever time you can spare. However, if you are between 16 and 18 years old your parent or guardian must sign a consent form — please contact the HCV Secretary. Children under 16 must be accompanied by an adult who will be responsible for them at all times. No previous experience is necessary. Instruction will be given in techniques and safe working practice.

What to bring

You'll need strong footwear (work boots, walking boots, or wellies for wet sites), old (warm) clothes, and waterproofs. Please bring a mug and a packed lunch. Sun protection is advisable (even in winter). We provide tools and protective gear, as well as tea and coffee.

Health and Insurance

Insurance cover is arranged for the group on task. An up-to-date anti-Tetanus injection is strongly advised for most outdoor activities. If you think you may not be covered on this or are concerned about any other health issues, you should consult your GP.